# Health and nutrition



# A clear way ahead

Sundar G. Waghmare, a 65-yearold widow living with her daughter in Numberwadi village of Dolvi panchayat, earns her living through vegetable cultivation. For the past few years, she was finding it very difficult to work on a daily basis. When JSW Foundation's community organisers visited her, they realised she was suffering from a medical condition and arranged for a health check-up. It turned out that she had cataract. Soon she was referred to JSW Sanjeevani Multispecialty Hospital for a free-of-cost cataract surgery.



### Sundar G. Waghmare

Numberwadi Village, Dolvi, Maharashtra



Sundar bai is one of the many people who have benefitted from this healthcare program. She says, I have had my cataract removed, thanks to JSW Foundation. In the beginning, it was difficult for me to spot anyone, now it's getting better". She is delighted that her daughter is relieved of the burden of taking care of her and now feels more confident about herself.

We are committed to enhance India's health and nutrition status with improved health services and facilities.

# For a healthy nation

In FY22, the Foundation initiated a host of new interventions in partnership with expert organisations. The focus is to:

- Support public healthcare institutions
- <sup>o</sup> Build multi-specialty care institutions

 Make healthcare services available, affordable, and accessible through:

Medical Mobile Vans in hard to reach pockets

General and specialised health camps at various population dense hot spots

Ambulance services to reach and referrals

# Impact highlights

# 200,000+

Truckers reached through Project Humrahi

# 40,000+

Individuals benefitted through community clinics

# 50,000+

Individuals benefitted through vision correction

# 5,000+

New borns delivered under medical supervision

# Our rural health outreach program benefitted 200,000+ lives

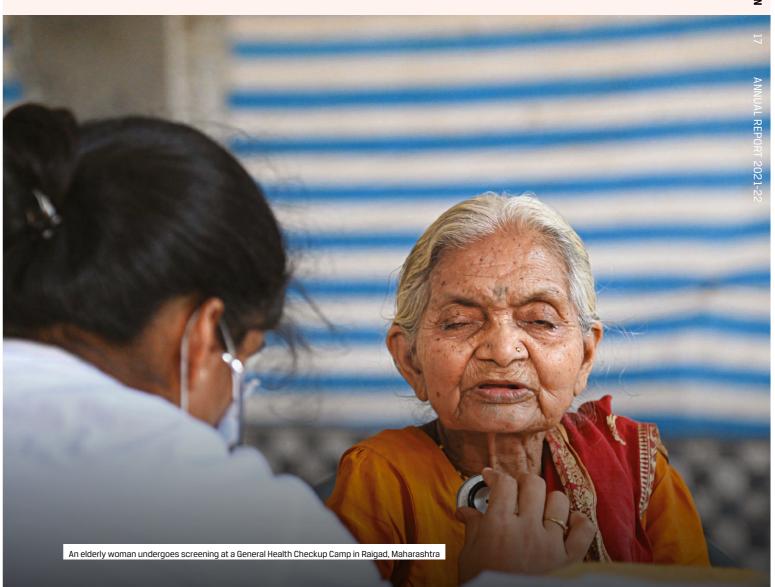
#### Key interventions



Health and nutrition for mothers, adolescents, and children



Vision correction: Treating refractive errors and preventable cataracts







Building institutions of healthcare: hospitals, clinics, and colleges



Project Humrahi: Enabling holistic wellness for truckers



Working across the healthcare outreach continuum



Enhancing public healthcare facilities at different levels

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### Building institutions of care

The Foundation operates three specialised institutions that provide quality medical education, affordable and highly specialised healthcare services:

**O.P.J. Nursing College, Vijayanagar** 

JSW Sanjeevani Multi-Specialty Hospital, Vijayanagar

JSW Sanjeevani Multi-Specialty Hospital, Dolvi



### 0.P. Jindal College of Nursing, Vijayanagar

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In 2012, JSWF established 0.P. Jindal College of Nursing (OPJCON) at Vijayanagar, Torangallu village of Bellary district with the goal to empower rural girls to achieve a better future in medical sciences. By providing the right kind of skills, nursing students are properly trained for hospitals of various sizes. The college is furnished with state-of-the-art infrastructure, modern laboratories. A highly qualified faculty ensures that learning is effective and meaningful. Furthermore, clinical exposures at large government and private colleges

are organised to provide students with extensive practical knowledge and cross-learning opportunities.

The college has been approved by the Karnataka government, is affiliated with the Rajiv Gandhi University of Health Sciences (RGUHS) in Bengaluru, and is recognised by the Indian Nursing Council (INC) and the Karnataka State NursingCouncil.

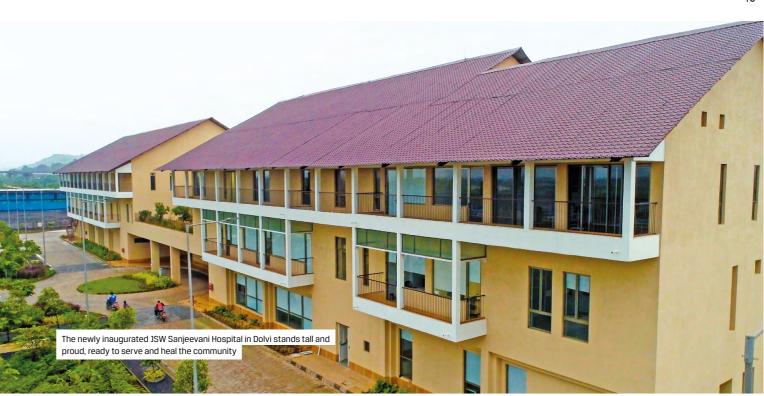


### JSW Sanjeevani Multi-Speciality Hospital, Vijayanagar

Sanjeevani Hospital located in Ballari district, Karnataka is a 157-bed, ultramodern facility that provides affordable healthcare in a variety of specialties. The hospital provides 24-hour emergency and trauma care, as well as state-of-the-art modular OTs, Medical Intensive Care Unit, Surgical Intensive Care Unit, a path lab, pharmacy, and imaging services (CT scan, X-ray and USG).

### JSW Sanjeevani Multi-Speciality Hospital, Dolvi

JSWF inaugurated the 73-bed, 4.5acre JSW Sanjeevani Multi-Specialty Hospital in Raigad district, Maharashtra, in August 2021. The hospital provides affordable, high-quality healthcare to Raigad's population of over 125,000. The hospital's extensive healthcare services, including neonatal care, cardiology,







Key disciplines at this facility include: Emergency medicine, orthopaedics and spine, general medicine, obstetrics and gynaecology, general surgery, ophthalmology, ENT, dental, oral and maxillofacial surgery, paediatrics, anaesthesiology, radiology, occupational health, physiotherapy, non-invasive cardiology, neurology, urology, dermatology, nutrition and dietetics, and psychiatrics.

and emergency care, serves around 200 nearby villages. These services are affordably priced and patientfocused. Moreover, the hospital links patients with appropriate government schemes for cashless services.



Working across the health outreach continuum

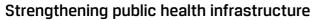
The Foundation actively reaches out to enable communities with access to quality healthcare.

The mode of provisioning of the services are:

#### Mobile Medical Units (MMUs)

JSWF operates mobile medical units in Vijayanagar, Sholtu, Barmer, Sambalpur, Salem, Dolvi, Ratnagiri, Paradip, Palghar, and Vasind. The mobile medical unit is equipped with a general physician, screening equipment, medicines and is accompanied by medicos. The MMU reaches out to various hamlets and undertakes screening, prescribes medicines, and monitors those undergoing treatment.





JSWF upgrades and enhances public health facilities at various levels to ensure quality services are available. The capacity enhancement of facilities focus on general or specific health requirement such as Special Newborn Care Unit, Operation Theatres, labour rooms.

#### Public health facilities upgraded

Shirki subcentre, Raigad	VIMS Ballari	Kalmeshwar PHC
Gadab, Poynad & Shahbaaz PHC, Dolvi	Alibaug District Hospital, Maharashtra	Government Medical College, Salem
Balithuta PHC, Odisha	Jajaang CHC, Odisha	Jagatsinghpur District Hospital, Odisha









#### Health camps

To bridge the gap between the rural healthcare institutions and the community, JSWF undertakes general and specialised health camps in identified hotspots where there is high caseload but limited access to healthcare facilities. The camps provide general check-ups, specific health-issue related check-ups, referrals to nearby facilities, and raise awareness on the existing public health challenges in the village.

#### Ambulance services

Aiming to provide emergency care on a 24x7 basis, five additional ambulances were deployed in Odisha with a dedicated helpline number. The services aid in preventing fatalities caused due to an increased wait time or a lack of access to healthcare facilities. Our ambulances are equipped to provide basic as well as advanced critical life support and trained in referral services.



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The camps serve as an opportunity for the Foundation to guide communities on how to access essential health services provided including - institutional deliveries, eye check-ups, cataract operations, neonatal care, immunisation, ANC/PNC check-ups, and any special conditions like hole in the heart.









### **Mission Institutional Delivery**

Institutional delivery is key for safe motherhood and child survival. Through our hospitals, we offer free-of-cost delivery. JSWF sensitises families on birth preparedness and ensure availability of timely transportation from remote villages to JSW Sanjeevani Hospitals for delivery and after care.



## Malnutrition Management, Maharashtra

The malnutrition management program implemented between the year 2017 and 2019 brought a reduction of 12% points in underweight and 23% points in wasting among children below 5 years of age. Post COVID-10 the nutrition program is being implemented in two blocks of Palghar, one block of Thane and two blocks in Raigad to improve the nutrition status among mothers, adolescents and children.





## Adolescent girls' Health and leadership development

JSWF has taken a leadership-first long-term approach to empower girls to take charge of their nutrition and health conditions by imparting life and leadership skills.

We provide training on menstrual health and hygiene including the usage, availability and safe disposal of sanitary products through incinerators. Adolescent

## Vision screening and correction

Regular eye check-ups are conducted for people of all ages, from adolescents to elderly. Prescription glasses for refractive errors are offered and cataract surgeries are performed to prevent irreversible blindness in cases that need it. The cataract surgeries give elderly people independence in old age, and youth to participate in education, sports, or other types of hobbies and interests.









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girls and boys are being reached out to for Weekly Iron Folic Acid Supplements (WIFS) and de-worming medicines for anaemia management.

JSWF has mobilised girls to be the agents of change of their lives, sensitised and screened them for anaemia and mobilised them to form groups.





### Corrective surgeries for hole in the heart

A hole in the heart or congenital heart disease is a structural defect. The defects corrective surgeries for hole in the could be a hole between heart chambers to complete absence of one or more chambers. Poverty, coupled with a lack of health coverage for young children, prevents some sections from having timely surgery, exacerbating the defect to such an extent that it becomes difficult to treat later.

JSWF began its intervention to support heart in 2013. To enable access for a wider population, the Foundation converged with the government's Rashtriya Bal Swasthya Karyakram, the Rotary Club of India, SRCC Children's Hospital and Narayana Health.





Initiative

Provide lifelong s underprivileged hole in their hear



Non-medical ass to underprivilege patients through a-kind shelter ho



100-bed Intensiv Care Unit



300-bed dedicat COVID-19 health





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### Project Humrahi

The truck terminus at JSW sites witnesses hundreds of trucks loading and unloading. Project Humrahi reaches out to truckers through a multi-pronged approach. Truckers are engaged in peer-led group activities and recreation through games and fun activities, and are given, individual counselling on Sexually Transmitted Diseases (STDs). The project offers linkages to hospitals and clinics for general and specific health services such

as eye check ups and audiometry. Peerled interpersonal communication, group activities, and the setting up a recreationcum-counselling centre.

Project Humrahi is now expanding the scope to include guidance on children's careers, financial planning and mental health counselling for a holistic intervention.



### New partnerships for better healthcare infrastructure

	Partner
support to children with rts	Rashtriya Bal Swasthya Karyakram, the Rotary Club of India, SRCC Children's Hospital, and Narayana Health
sistance ed cancer n a one-of- ome	Jagannath Cancer Aid Foundation
ve	Narayana Health City, Bangalore
ted centre	Torangal village, Karnataka